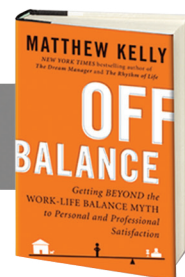


QUARTERLY REVIEW GUIDE



Today's Date: _____ Review for this quarter: _____

Satisfaction Score Quarterly Summary

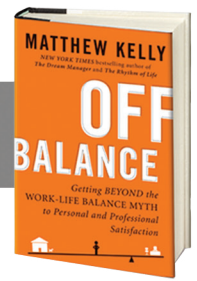
What were your satisfaction scores this quarter?

	Weekly Personal Satisfaction Score	Weekly Professional Satisfaction Score	Habit Completion Summary
Month 1			
Month 2			
Month 3			
AVERAGE SCORE			

Personal and Professional Achievement Record

What key projects, actions, or results did you accomplish this quarter?

QUARTERLY REFLECTION GUIDE



1. What were your most satisfying experiences, accomplishments, projects, areas of growth or other efforts this quarter?

2. Was this quarter more satisfying in comparison to last quarter?

Personally: YES NO Professionally: YES NO

Why or why not?

3. Where did you make progress toward personal and professional satisfaction this quarter? What were your biggest improvements this quarter?

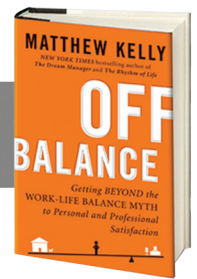
4. What must you do to maintain and build upon these improvement areas?

5. Where were you challenged or where did you struggle to achieve personal and professional satisfaction?

6. What must you do to overcome these challenges or better address these areas this quarter?

QUARTERLY PLANNER

Plan for quarter _____ of 20_____.



This Quarter's Focus

Key Project, Result, or Action	First Step or Action Plan
1.	
2.	
3.	
4.	
5.	

Habit Creation

My Habit		
I will know this habit has been achieved when:		
I will implement this habit in the following specific, measurable, and realistic ways this quarter:		

Weekly Planning and Partners

I will conduct my weekly strategy session at this time and location:	Day: _____	
	Time: _____ Location: _____	
I will share my quarterly planner or discuss my quarterly review with these people:		